



*We Learn,
We Grow,
We Achieve*

Uniquely



WELCOME TO

Opera Estate Primary School

**Primary 1 Orientation 2021
(For 2022 intake)**

OEPS School Leaders



We Learn, We Grow, We Achieve

Supporting your child



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Supporting your child

Learning
Support



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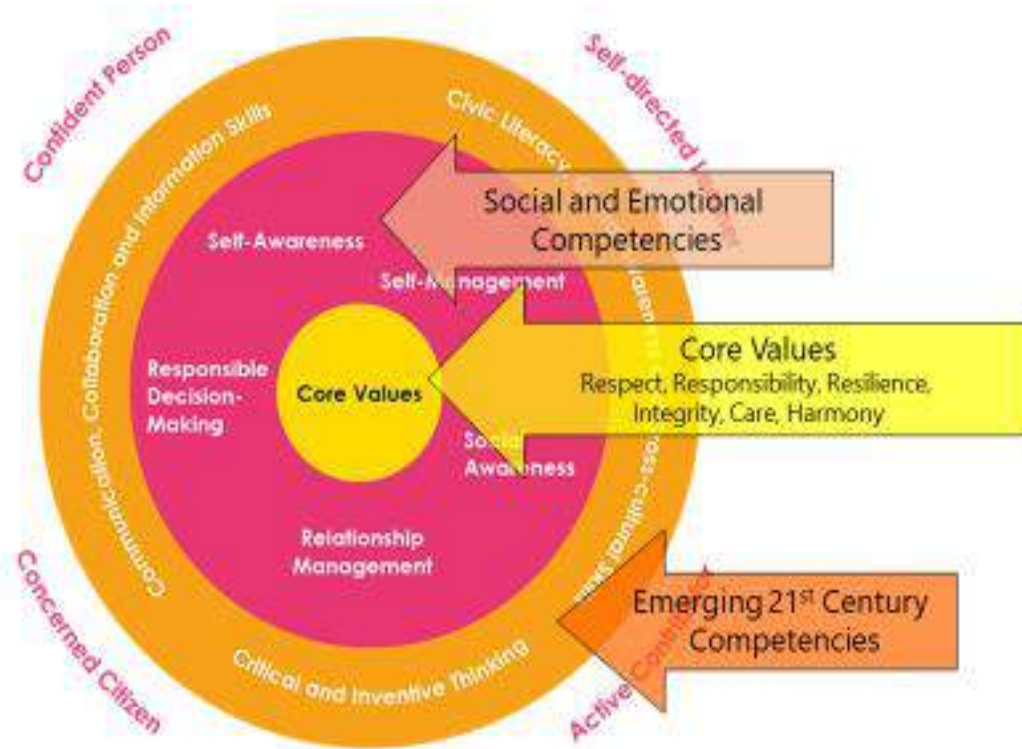
Supporting your child

AED School Counsellors
& AED Learning
Behavioural Support



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Future Learning: 21st Century Competencies



Confident Person

- Thinks independently
- Communicates effectively
- Has good inter-personal skills

Self Directed Learner

- Takes responsibility for own learning
- Questions, reflects, perseveres
- Uses technology adeptly

Desired Outcomes of Education

(1997, Revised 2009)

Concerned Citizen

- Is informed about world and local affairs
- Empathises with and respects others
- Participates actively

Active Contributor

- Exercises initiative and takes risks
- Is adaptable, innovative, resilient
- Aims for high standards



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The OPERA Vision

We Learn



We Grow

We Achieve



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The OPERA Mission



Celebrating Our G.E.M.



Grow Leaders

Empower Learners

Mould Character



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The OPERA Values



Excellence
Through
Diligence

- Showing a keen interest to learn
- Completes tasks to be the best of his/her ability to excel in his/her personal goals

Different Yet
One

- Shows respect, care and concern
- Appreciates the diversity

Integrity in Us

- Does the right thing without being told
- Takes responsibility for his/her actions



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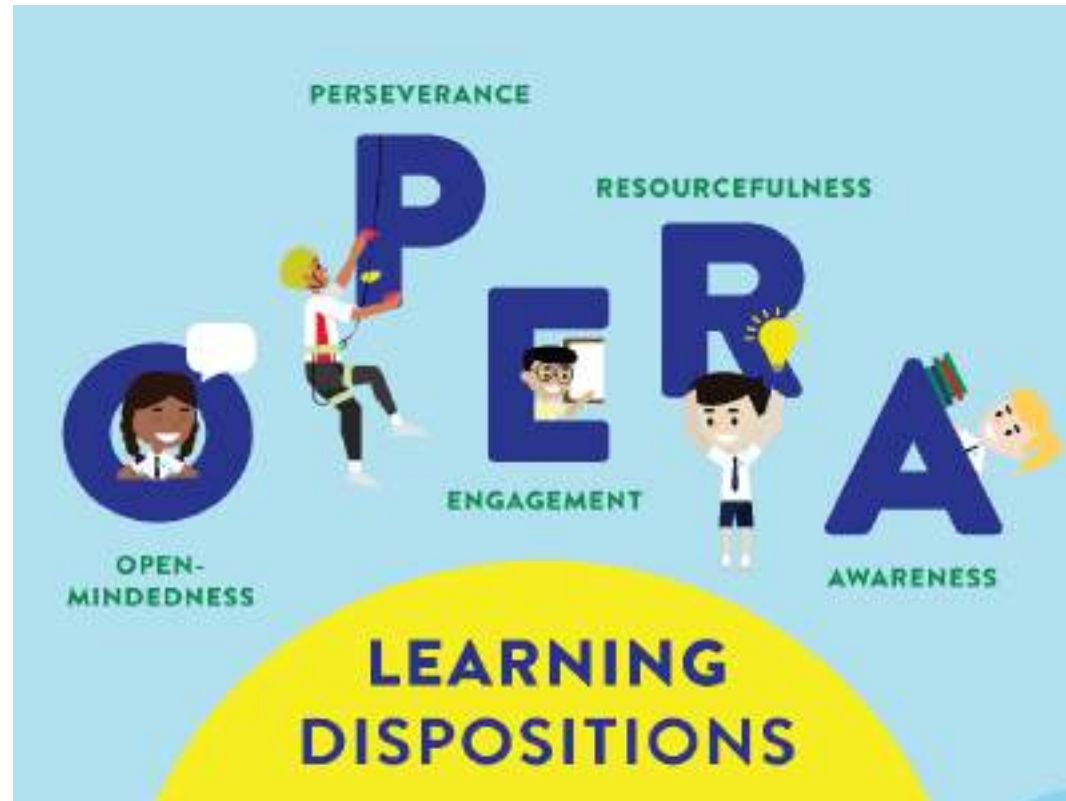
**“Let us prepare every child for the
test of life, and not just a life of
tests”**

~PM Lee, National Day Message 2012



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The OPERA Learning Dispositions



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Learning Dispositions

O

Open-Mindedness



I respect and am willing to explore ideas shared by my peers.

I cooperate well with others in a group learning setting.

P

Perseverance



I show continual effort in completing

I am not discouraged in the face of challenges,

E

Engagement



I am immersed in learning and enjoy it.

I ask relevant questions to deepen learning.

R

Resourcefulness



I make good use of resources, tools and materials.

I can come up with various ideas and solutions to challenges.

A

Awareness



I think through my learning experiences to ensure improvement.

I take responsibility for my own learning.

NAME: _____

CLASS: _____



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Parents as Partners

PARENTS + R



R → Relationships

Collaborative

Positive

Trusting

as

PARTNERS-IN-EDUCATION



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Every Parent, A Supportive Partner

- **Bringing Out The Best In Our Children, TOGETHER**
 - home is the child's first school
 - first teachers, role-model and most important teacher
 - complement school's efforts in delivering a holistic education



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Home-School-Community Links

Building on Trust, Partnering as One





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HOME-SCHOOL LINKS

- **Communication**

- ☐ **Parents Gateway**

- **Introduction** – Letter from Form Teachers within the first week of school
 - Termly letters

- ☐ **Pupil Diary**

- ☐ **ClassDojo**

- ☐ **Email: oeeps@moe.edu.sg**

- ☐ **Phone - 6241 0417**

- ☐ **Website - <https://operaestatepri.moe.edu.sg/>**



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Home-School Links

- **Parent-Teacher Interactions:**
 - ***Curriculum Briefing***
 - 12 January 2022 (TBC)
 - ***Parent-Child-Teacher Conference (PCTC)***
 - 26 May 2022 (TBC)



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Parent Support Group



- **Opera Parents Club (OPC)**
 - School Events/Programmes
 - Coffee n 'Chat





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The Butterfly Story





Once, there was a man who found a cocoon of a butterfly.

He saw a small opening appear in the cocoon.

The man sat and watched the butterfly for several hours as it struggled its body through a tiny hole.

Then it stopped, as if it could not go any further.



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So, with the best intentions, the man decided to help the butterfly.

He took a pair of scissors and cut off bits of the cocoon to create a bigger opening for the butterfly to come out of the cocoon easily.

www.starampglobal.com.au



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With the bigger opening, the butterfly no longer struggled and emerged the cocoon easily.

But the butterfly that emerged, had a swollen body and small shrivelled wings.



<https://www.thoughtco.com/why-monarch-butterfly-have-crumpled-wings-1968187>



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The man expected the butterfly to grow its wings and fly away.

This did not happen.

The butterfly spent the rest of its life, crawling around the ground with shrivelled wings, unable to fly.



<https://forum.inaturalist.org/t/help-lime-butterfly-wings-very-crumpled/13135>



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Sometimes, we need to experience forms of stumbles or struggles in our life in order to learn what strength is.

While we have the best intentions to come up with solutions for our children and help them solve problems, they will not be capable of doing it themselves later on in their life. Hence they become disempowered and their abilities are limited.



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Let your child learn and find strength
through obstacles.

With your guidance and support, they
will be able to blossom and be
empowered to become leaders in
their own rights.



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thank
you!



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PRIMARY ONE 2022

FIRST WEEK OF SCHOOL ORIENTATION



Curriculum Hours

First day of school : 4 January 2022, Tuesday

Reporting Time	7.30 am Teachers will be at the gates to receive students. *Parents may drop child off either at Main Gate (Bus Stop Gate) or Back Gate (Canteen Gate)
Curriculum Time	7.30 am to 1.20 pm (Mondays, Tuesdays, Thursdays & Fridays) 7.30 am to 11.50 am (Wednesdays)
Recess Time	8.30 am to 9 am
Healthy Snack Break	11 pm to 12 pm (10 minutes daily)
Dismissal	1.20 pm

**Due to SMM guidelines, we seek parents' understanding that we are unable to allow parents to enter the school.*



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School Gates

The following gates will be opened in the morning from 6.45 a.m.



Main Gate
(next to bus stop along Fidelio Street)



Back Gate
(Swan Lake Avenue)



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Drop-Off & Pick-Up Points



Main Gate
(next to bus stop along Fidelio Street)



Back Gate
(Swan Lake Avenue)



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Parking Along Residents' Houses

- Do not obstruct the residents' house entrances.
- Guide your child to cross at the traffic light/ zebra crossing.



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Road Safety Reminders

(Students Walking/Cycling/Scooting to School)

Guide your child to:

- put on safety helmet while cycling /scooting
- cycle/scoot at a safe speed
- mount off the bicycle/scooter when crossing the road at the zebra crossing
- use the traffic light/zebra crossing when crossing
- lock the bicycle/scooter at all times when parking in the school premise



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School Uniform and PE Attire

- Recommended sets of school uniforms : **2 sets**
- Recommended sets of PE attires : **3 sets**
- Pupils can wear PE attire on PE and PAL days (i.e. usually 3 days a week)
- Wearing of smart watches is strongly discouraged during school hours.



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Name Tag

- Iron on name tag to be placed above the school badge.
- Plastic name tag to be put on daily for the first 3 weeks until students are well settled into the dismissal routine.
- Going home arrangement to be indicated clearly on student's plastic name tag.

My name is UNNATI REDDY
I am in 1D

My dismissal arrangement (please tick one):

<input type="checkbox"/>	School Bus Number _____ (e.g. Bus 6A)
<input type="checkbox"/>	Main Gate (Bus Stop @ Fidelio Street)
<input type="checkbox"/>	Back Gate (Canteen Gate via Swan Lake)
<input type="checkbox"/>	After School Care (Knowledge Park SCC)
<input type="checkbox"/>	Going home with sibling*
<input type="checkbox"/>	Others (please specify: _____)

*Sibling's Name: _____ Class: _____



First Week of School Orientation Programme

- ☺ Getting to know teachers and peers
- ☺ School tour
- ☺ School routines:
 - Arrival
 - Recess
 - Transition between lessons
 - Snack break
 - Dismissal
- ☺ Class rules & expectations
- ☺ Subject orientation



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Recess Time

- 8.30 a.m. to 9 a.m. daily
- First day of school: Recess time will be staggered and extended to an hour to enable teachers to orientate pupils through the recess experience.
- Students can choose to bring their own food or buy from the canteen.
- Pocket money of \$2.50 should be sufficient.
- Food served from the canteen stalls are aligned with HPB's Healthy Eating in Schools Programme Guidelines.

**Due to SMM guidelines, we seek parents' understanding that we are unable to allow parents to enter the school.*



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Healthy Snack Break

- 10 minutes daily between 11am to 12pm in the classroom.
- Pupils are strongly encouraged to bring healthy, light snacks.
- Pupils will be engaged in mindfulness activities before the lesson continues.



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Items to bring daily

- Trace Together token
- stationeries & coloured pencils
- OEPS pupil's diary 2022
- school homework file
- a lightweight English storybook
- water bottle
- an extra set of mask
- thermometer (will be given on first day of school)
- pocket money in a small wallet/coin pouch for buying recess meal or packed food from home
- healthy, light snacks

Important:

Please guide your child to label his/her belongings with name and class clearly.



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OEPS Pupil Diary & Homework File

- Every student will receive a pupil diary
- Students should bring the pupil diary **daily** to record homework & reminders.
- Pupil diary serves as a form of communication between parents and teachers.
- Familiarise your child with the school rules & disciplinary matters.
- Students should bring the homework file **daily** to keep homework, worksheets and letters issued to parents.



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Books to bring during the first week of school


- Refer to P1 2022 e-handbook for parents in OEPS website

<https://operaestatepri.moe.edu.sg/2022-p1/>

What to bring to school daily

To make sure that your school bag is not too heavy, pack your bag with your parent/guardian using the guide below:

Day/Date	Items to Bring
Tuesday 4 Jan 2022 (Orientation Day 1)	<ol style="list-style-type: none">1. Pencil Case2. Colour pencils3. Water bottle4. Money for recess (approximately \$2.50)5. Packed healthy, light snacks6. Water bottle7. A thin and lightweight English storybook <p>(The above items are part of the daily items to be brought to school. Do label the items with your name and class.)</p>
Wednesday 5 Jan 2022 (Orientation Day 2)	<ol style="list-style-type: none">1. My Form Teacher Guidance Period (ITGP) Journal P12. Social Studies: Inquiring Into Our World Activity Book 13. Physical Education: An Active and Healthy Me - Student Journal Primary 14. STEAR Handwriting Book5. Little Writer's Jotter Book6. Report Book7. Mini whiteboard with whiteboard marker & eraser8. FAST kit <p>(The above items will be collected by form teachers and kept in the classroom. Do label the items with your name and class.)</p>

[Back to "Getting ready for school"](#)  [Click for more](#)



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Forgetting Items

Set a daily routine and guide child to:

- pack school bag according to the timetable
- look through the pupil diary for homework and reminders
- prepare items that need to be brought to school, e.g. pocket money, snacks, etc...

- ☺ Parents are discouraged from rushing down to school to send forgotten items.
- ☺ Teacher will guide students in managing the situation.
- ☺ With the home-school partnership, the school aims to develop pupils' confidence, independence and sense of personal responsibility.



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School Lockers

- Every pupil will be given a personal locker
- Bring a lock (preferably a number lock)
- Set an easy number code for your child to remember
- Items that can be kept in the locker: Art bag with Art materials, mini whiteboards
(School textbooks are strongly not encouraged to be kept in school)



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Individual Student Details Report (ISDR) Form

- The ISDR form will be issued to every P1 student during the first week of school.
- Parents to verify child's personal information
- Declare prevailing medical condition, special educational needs, if any
- Sign and return updated ISDR form to child's FT

Changes to the ISDR form

Please fill in or update your child's current existing medical / **special educational needs (SEN)** in the form below.

Please delete accordingly:

Medical / SEN conditions	Yes/No	1. Insertion of "special educational needs (SEN)".	2. Insertion of "psycho-educational report(s)" and "psychologist(s)/ therapist(s)".
Epilepsy	Yes/No		
Periodic Loss of Consciousness			
Heart Condition			
Ear Disorder	Yes/No		
Respiratory Disorder e.g. Asthma	Yes/No		
Allergies e.g. food, medication, insect bites and stings	Yes/No		
Is your child/ward on regular medication?	Yes/No		
Has your child/ward been specifically told to modify his/her physical activity or exercise participation?	Yes/No		
Other relevant medical information			
Has your child been identified to have special educational needs?	Yes/No	3. New SEN declaration field	

CONFIDENTIAL

Changes to the ISDR form

I submit the **attached medical / psycho-educational information from the attending doctor(s) / psychologist(s) / therapist(s)** concerning my child/ward which includes details of limitations that **hinders his/her activities**.

I hereby authorize teacher(s) / instructors to obtain medical assistance which they deem necessary.

4. Insertion of "psycho-educational" and "psychologist(s)/ therapist(s)".

I acknowledge that the school may arrange for my child to be assessed by an MOE psychologist, should he/she experience significant learning difficulties even after additional support and/or intervention. I understand that should the MOE psychologist assess that my child's needs would be better met in a special education school funded by the Government, the Ministry will engage me to discuss the possible educational options for my child.

5. Insertion of NOi

I am aware that by signing this document, I consent to the Ministry, **and may be enrolled in, and its staff (including Form Teachers, PE teachers, CCA teachers, Your Health, and other authorized personnel)** using the information contained herein for the purposes of:

6. Insertion of "Year Heads"

(a) updating any student information databases managed by the schools or the Ministry of Education;

(b) planning and conducting the schools' programmes;

(c) sending me information on education-related issues and events; and

(d) making disclosure of all necessary data (including personal data of both my child and I) to other parties to enhance the provision of services for my child's educational advancement or other purposes beneficial to my child as determined by the Government, unless such sharing is prohibited by law.

☐ Tick this box if you do not wish to receive information on education-related issues and events from the Ministry of Education Headquarters. Please note that Schools may still continue to send you information relating to school programmes and matters.

I confirm that the above information is correct.

Parent's/Guardian's Name _____

Parent's/Guardian's Signature _____

Date _____



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Going Home Arrangement

- Indicate your child's going home arrangement clearly on the plastic name tag.
- Guide your child to approach any of the school staff or the General Office in the event that parent/caregiver may be late in fetching the child.

	Going Home Arrangement	Assembly Point & Procedure
1	Taking school bus	School Hall Bus drivers will fetch students from the school hall.
2	Attending school-based Student Care Centre (SCC)	Reading Cove SCC caregivers will fetch pupils from the Reading Cove and usher them to the SCC.
3	Going home with older siblings studying in OEPS	Classroom Older siblings will fetch pupils from their respective P1 classrooms at dismissal (for the first 2 weeks) until students are familiar with their dismissal routines.
4	To be fetched by parent/guardian*	Main Gate/ Back Gate Inform your child/ward the specific gate that he/she will be fetched. Teachers will accompany pupils to the Main/Back gates for dismissal. *should your parent/guardian be late, please approach staff at the General Office for assistance.



My name is UNNATI REDDY
I am in 1D

OPERA

My dismissal arrangement (please tick one):

☐ School Bus Number _____ (e.g. Bus 6A)
☐ Main Gate (Bus Stop @ Fidelio Street)
☐ Back Gate (Canteen Gate via Swan Lake)
☐ After School Care (Knowledge Park SCC)
☐ Going home with sibling*
☐ Others (please specify: _____)

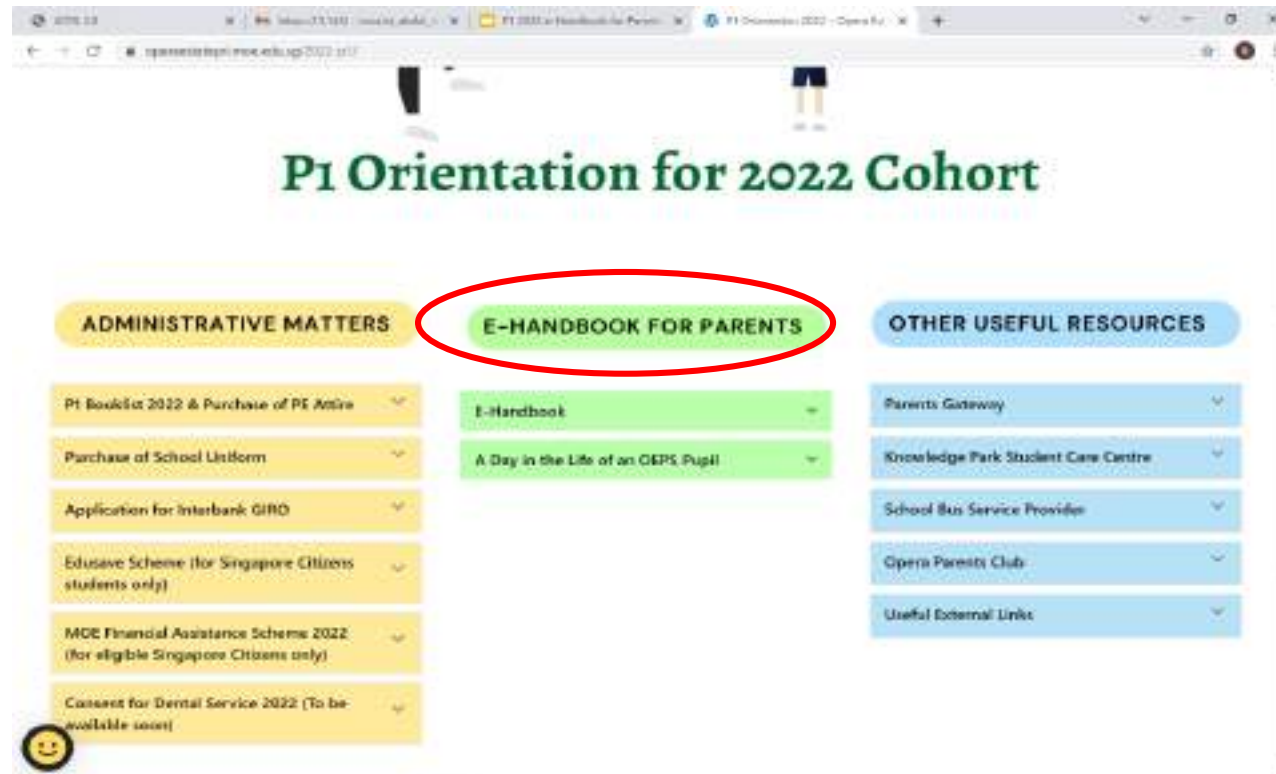
*Sibling's Name: _____ Class: _____



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More Information on Orientation Matters

e-handbook for Parents : <https://operaestatepri.moe.edu.sg/2022-p1/>



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thank
you!



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DEVELOPMENTS IN PRIMARY EDUCATION



Link to video:

<https://youtu.be/9paLbNR2zWg>



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SUPPORTING MY CHILD DURING THIS TRANSITION

Support your child and encourage them to overcome challenges with you

Affirm your child by recognising small successes and praising their efforts

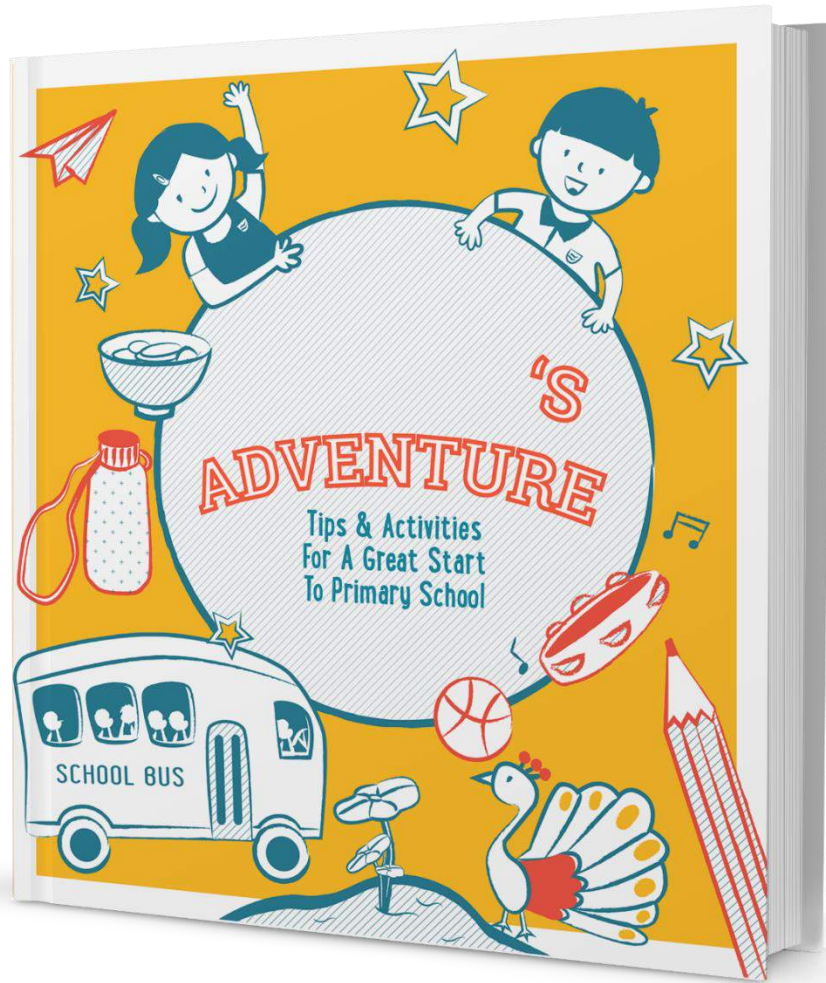
Familiarise your child by easing them into new routines and sharing with them your experiences in primary school

Empathise and acknowledge your child's feelings





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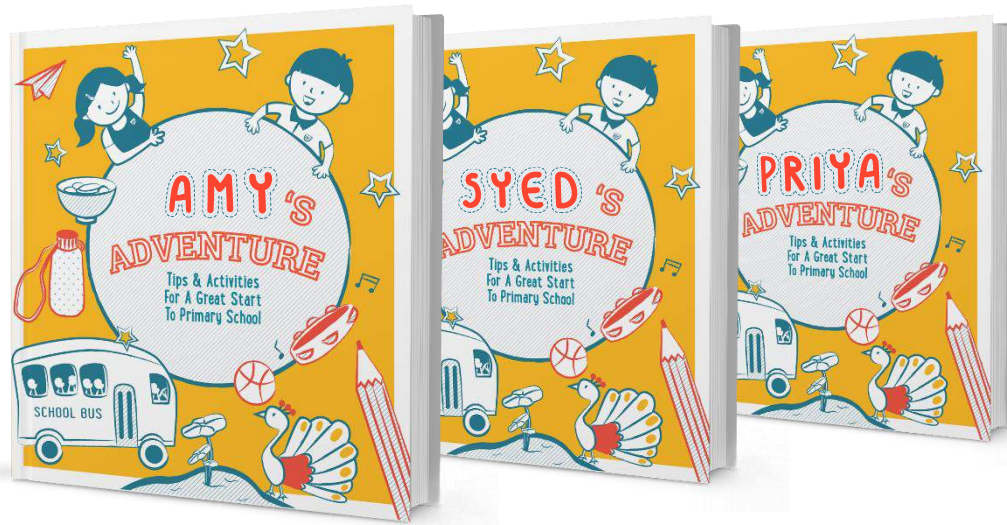
FOR YOU & YOUR CHILD

PARENT-CHILD ACTIVITY BOOK

Tips & Activities for a Great Start to Primary School

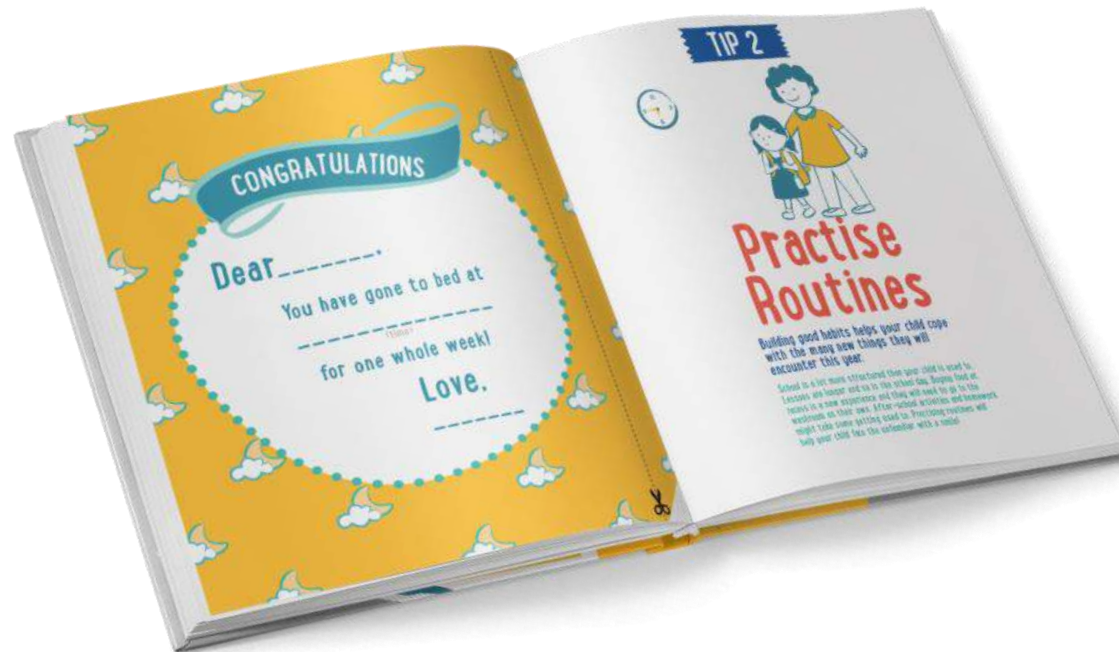


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PERSONALISE THE COVER!

10 TIPS FOR PARENTS to help you navigate your child's first year in primary school



RESOURCES FOR PARENTS





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ACTIVITIES TO DO TOGETHER

Chat with your child
Boost their confidence
Practise various scenarios
Create something interesting
Thank others for their help
Pledge to do things together



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PREPARING MY CHILD FOR PRIMARY 1

- Relating to others
- Developing good habits
- Nurturing positive learning attitudes
- Creating a conducive learning environment at home





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RELATING TO OTHERS

Build your child's interpersonal skills by:

- Modelling the use of friendly and polite phrases
 - "Hello! My name is... what is your name?"
 - "May I please..."
- Providing opportunities for your child to share and take turns during playtime with other children.
- Teaching them coping mechanisms (e.g. deep breaths, quiet corner, stop-think-do) to enable them to manage their emotions.



Check out pages 34 - 38 of the PCAB for activities on making friends.



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DEVELOPING GOOD HABITS

Routines help your child learn to manage themselves.

Guide your child to do the following independently:

- Maintain a healthy sleep-wake routine
- Make healthy food choices
- Pack their bag
- Dress themselves
- Buy food at the canteen
- Wash their hands
- Use a mask responsibly
- Take their temperature using a thermometer

Help your child commit to doing some of these independently when they are ready. Check out pages 59 - 61 of the PCAB.





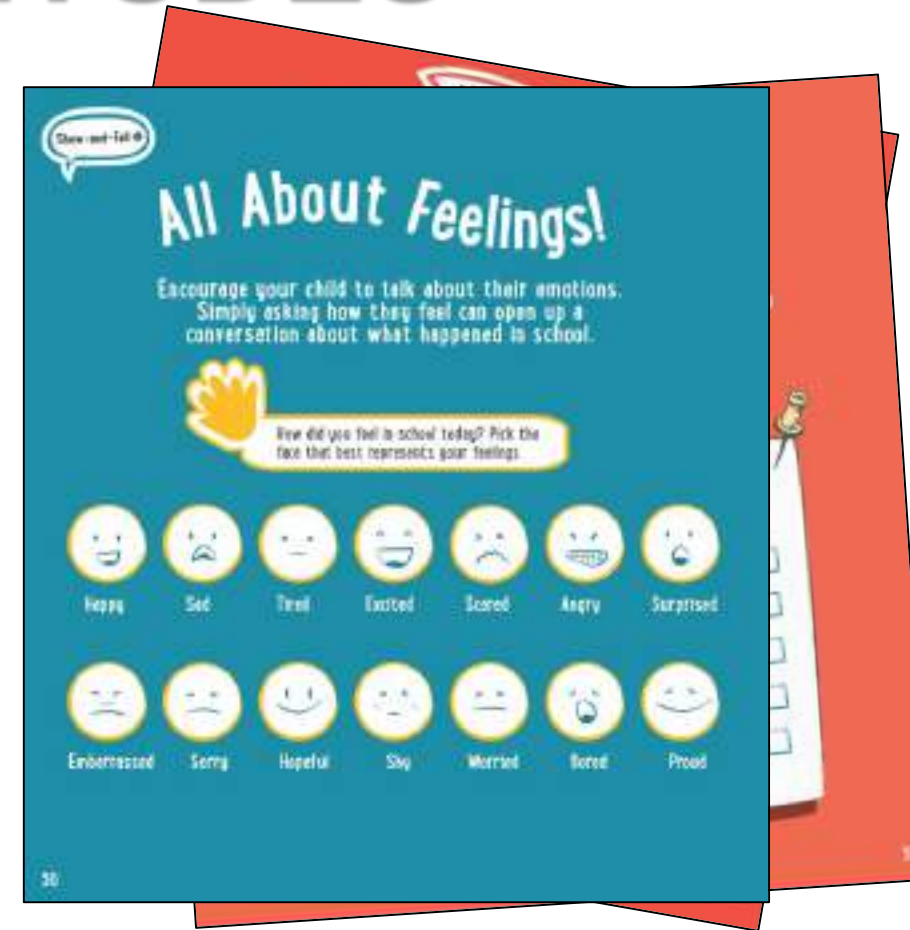
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NURTURING POSITIVE LEARNING ATTITUDES

Developing the right learning attitude in your child will help them transit smoothly into the learning routines in school.

You can encourage your child to:

- Ask questions about their experiences and the world around them.
- Express their thoughts and feelings and discuss what can be done if they have worries.
- Practise life skills independently like buying food and drinks on their own and asking for permission.



Check out pages 39 - 54 of the PCAB for activities that will help your child develop a positive learning attitude.

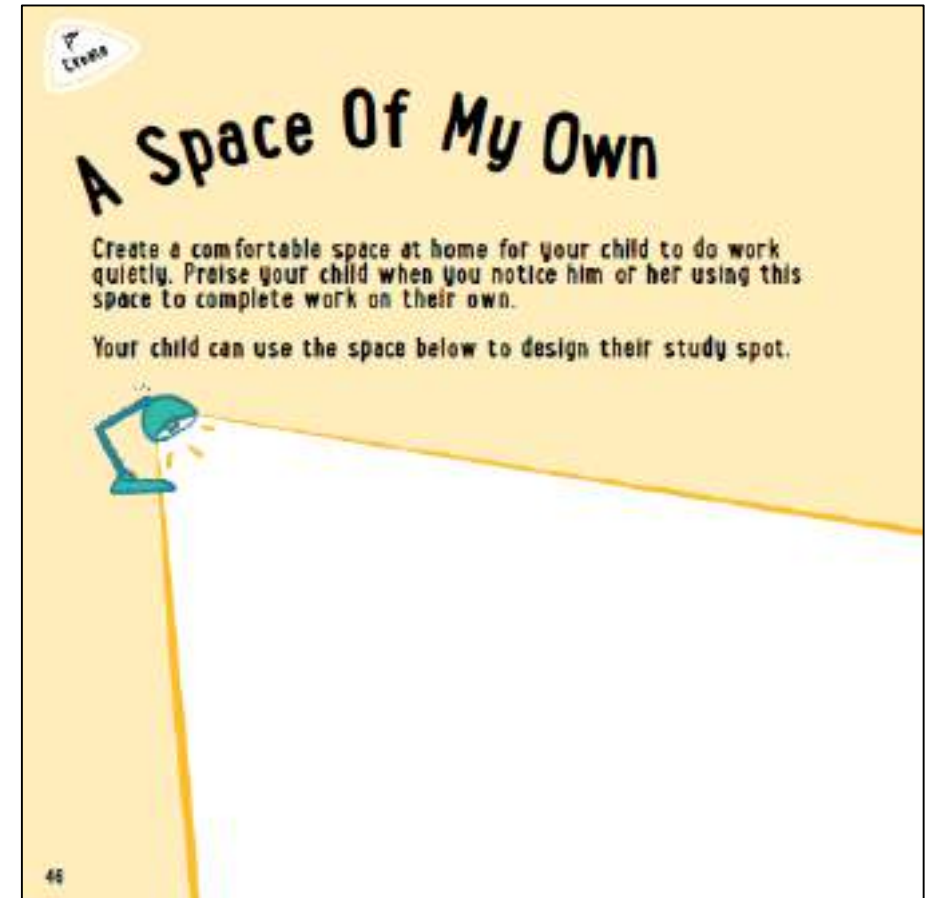


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CREATING A CONDUCTIVE LEARNING ENVIRONMENT AT HOME

Set up a conducive home environment so that your child can learn both at home and in school:

- Have a dedicated area for learning, such as doing schoolwork or reading to put your child in the right frame of mind to learn.
- If you have more than one child, allocate areas for each child to learn independently or together.
- Role model positive learning behaviours.
- Establish a daily routine with your child, with time set aside for reading, schoolwork, rest, family time and play.



Check out page 46 of the PCAB for an activity to help you create a conducive learning environment at home.



SCHOOL-HOME PARTNERSHIP

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Our children do best when schools and parents work hand in hand to support them.



Link to resource:
<https://go.gov.sg/moe-school-home-partnership>



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SCHOOL-HOME PARTNERSHIP

Communicating with your child's teacher

- Connect with teachers of the class through email or Class Dojo
- Have regular conversations with teachers in both academic and non-academic areas – this will help you better guide your child's development.
- Ask the teacher for the best way and time to contact them.



ClassDojo



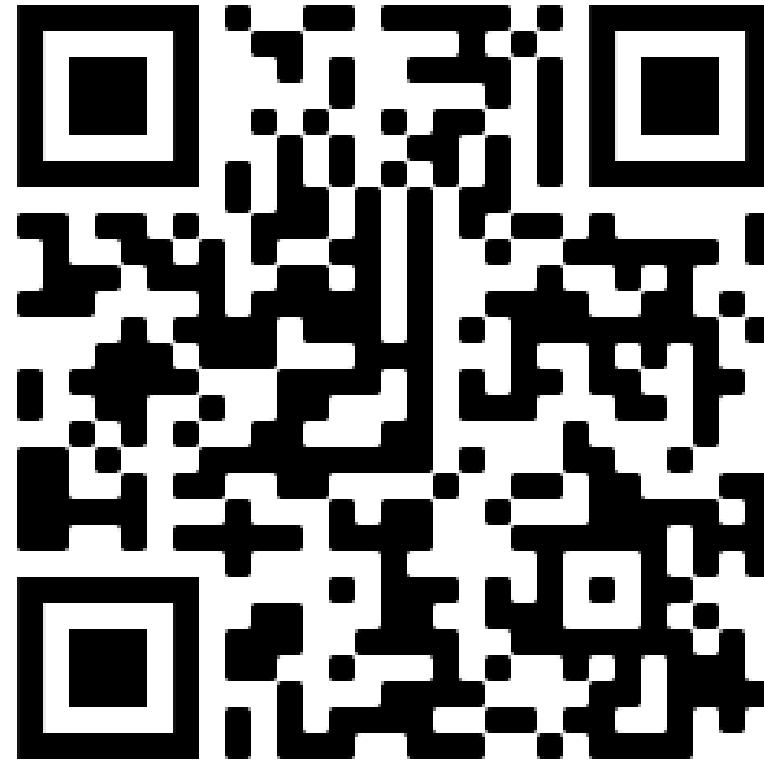


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**Opera Estate
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Link to website:

<https://operaestatepri.moe.edu.sg/>



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Parent Kit

www.moe.gov.sg/parentkit

Each Parent Kit issue contains bite-sized actionable tips with supporting resources for parents to help them support their child in their education journey.

Parent Kit



SCHOOLBAG
THE EDUCATION NEWS SITE

Schoolbag.sg

www.schoolbag.sg

Through articles and multimedia content, Schoolbag provide parents and general public with information and insights related to education, tips for parent involvement and features on school programmes.



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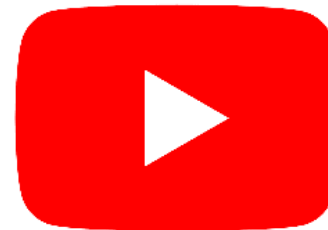
www.instagram.com/moesingapore



www.instagram.com/parentingwith.moesg



www.facebook.com/moesingapore



www.youtube.com/moespore



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PARENTS GATEWAY



Steps:

1. Open the Apple App Store or Google Play Store app on your mobile phone.
2. Search for 'Parents Gateway' mobile app.
3. Download and install the app onto your phone.
4. Enable 'Allow Notifications' to receive push notifications.
5. Stay logged in to receive notification of your child(ren)'s school announcements and consent forms.



RESOURCES

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<https://fathers.com.sg/back-to-school-with-dad/>

**YOUR CHILD IS READY.
ARE YOU?**



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